



FREE BURNABY FALL PROGRAMS* 2024

| Agency | Website | Program Name(s) | Program Information | Dates | Registration |
|---------------------|--|---|--|--|---|
| Burnaby Family Life | www.burnabyfamilylife.org | Family Drop-In's For more information and program descriptions, times and locations please visit: Family Resource Programs — Burnaby Family Life - A place to go a place to grow | Family Resource Programs (FRPs) are parent/child interactive centres for families with children 0–6 years. Our services are designed to strengthen parenting skills, provide stimulating environments for children, and promote family and community engagement. FRPs focus on five core areas of service: <ol style="list-style-type: none"> 1. Family Support 2. Play-based Learning 3. Early Learning and Literacy 4. Parent Education 5. Information and Referrals Families are welcome to drop in any time during program hours (Mother Goose requires advanced registration). | Family Drop-In TUESDAYS ongoing 09:30am-11:30pm 6140 McKercher Avenue WEDNESDAYS ongoing 09:30am-11:30am 6140 McKercher Avenue THURSDAYS ongoing 09:30am-11:30am 6140 McKercher Avenue FRIDAYS ONGOING 12:30pm-2:30pm 6140 McKercher Avenue | Drop ins welcome. No pre- registration required Email: bfl_info@burnabyfamilylife.org Ph: 604-659-2200 |

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For more information on activities, supports, and services for families with children 0 to 6 years old, go to "COVID 19 Resources & Supports" at www.kidsinburnaby.ca.



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| Burnaby Family Life | www.burnabyfamilylife.org | Learning together through play | For more information and program descriptions, times and locations please visit: Family Resource Programs — Burnaby Family Life - A place to go a place to grow | <p>Learning Together Through Play</p> <p>TUESDAYS 3:30-5:30pm 6140 Mckercher Avenue</p> <p>WEDNESDAYS 9:30-11:30am Edmonds Resource Centre, #205-7355 Canada Way</p> <p>SATURDAYS 10am-Noon 6140 Mckercher Avenue</p> <p>SATURDAYS 10am-Noon Montecito Child Care Centre, 7230 Camarillo Place</p> | <p>Drop ins welcome. No pre- registration required</p> <p>Email: bfl_info@burnabyfamilylife.org</p> <p>Ph: 604-659-2200</p> |
| Burnaby Family Life | www.burnabyfamilylife.org | Baby & Me Second stage | For more information and program descriptions, times and locations please visit: Family Resource Programs — Burnaby Family Life - A place to go a place to grow | <p>Baby & Me second Stage</p> <p>Fridays 9.30-11.30am</p> <p>#205 - Edmonds Resource Centre</p> | <p>Drop ins welcome. No pre- registration required</p> <p>Email: bfl_info@burnabyfamilylife.org</p> <p>Ph: 604-659-2200</p> |

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| Burnaby Family Life | www.burnabyfamilylife.org | Mother Goose | <p>Family Resource Programs (FRPs) are parent/child interactive centres for families with children 0–6 years. Our services are designed to strengthen parenting skills, provide stimulating environments for children, and promote family and community engagement. FRPs focus on five core areas of service:</p> <ul style="list-style-type: none"> Family Support Play-based Learning Early Learning and Literacy Parent Education Information and Referrals | <p>Mother Goose</p> <p>PRE-REGISTRATION REQUIRED</p> <p>THURSDAYS 09:30-11:00 am starting April 11 10 weekly sessions Edmonds Resource Centre, #205-7355 Canada Way</p> <p>FRIDAYS 09:45-11:15am starting April 12 10 weekly sessions 6140 McKercher Avenue</p> | <p>Pre- registration require Email: bfl_info@burnabyfamilylife.org</p> <p>Ph: 604-659-2200</p> |
| Burnaby Family Life | www.burnabyfamilylife.org | <p>Expecting & New Moms: We're Here For You And Baby Pregnancy Outreach Program (prenatal) Baby & Me (second stage) Healthy Care Pregnancy Program</p> | One-to-one, by phone, online, or virtual groups | Ongoing | To register please visit website Burnaby Family Life -Home |

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| <p>Burnaby Family Life</p> | <p>www.burnabyfamilylife.org</p> | <p>In person & online Parenting and Support groups:</p> <ul style="list-style-type: none"> ● Support Group for parents of LGBTQ2SIA+ children – 1st & 3rd Thursday of the month ● Calm & Confident Parenting ● Curious Minds ● Modern & effective parenting ● Nobody's Perfect (English and Korean) ● Systematic training for effective parenting ● Parenting for Immigrants ● Immigrants Women's Support Group ● Understanding Your Anger: Anger Management for Men ● *NEW!! Navigating the Tween Years | <p>Our Parenting and Support programs provide a safe and inclusive space for parents, caregivers and individuals to learn about themselves, their children, and how to build skills that can support the healthy development of their family, their children and themselves.</p> <p>For program descriptions please visit: Family Life Education — Burnaby Family Life - A place to go a place to grow</p> <p>Free childcare for children 18m to 10 years is available for all in person programs. <i>Pre-registration required for childcare.</i></p> | <p>For dates, times and locations please visit Family Life Education — Burnaby Family Life - A place to go a place to grow</p> | <p>For registration please visit: Family Life Education — Burnaby Family Life - A place to go a place to grow OR Call 604-659-2200</p> |
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| Burnaby Neighbourhood House-South Burnaby | https://burnaby.ca/get-involved-family/ | Family Place at 4460 Beresford Street | Family Drop-In for families with children birth to 5 years old. | Mondays, Tuesdays, Thursdays 9:30-11:30am Wednesdays (for Newcomers/ Immigrants) 9:30-11:30am | First come, first serve. Room Capacity Limit: 15 families. No registration required |
| Burnaby Neighbourhood House-Brentwood | https://burnaby.ca/get-involved-family/ | Family Place at 2055 Rosser Avenue | Family Drop-In for families with children birth to 5 years old. | Tuesdays 12:30-2:30pm Thursdays 10:00-12:00pm Fridays 9:30-11:30am | First come, first serve. Room Capacity Limit: 15 families. No registration required |
| Burnaby Neighbourhood House-North, South, Brentwood, Online | https://burnaby.ca/get-involved-family/ | Online and in-person family workshops, info sessions, special activities, and more | Visit website for online calendar with details | Ongoing | To register please visit website |

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| Burnaby School District | https://burnabyschools.ca/strongstart/ | StrongStart | StrongStart Centres provide parents and caregivers an opportunity to share in their child's early learning experiences and learn and grow together through PLAY. Families have the most important role in promoting their child's well-being and learning and are asked to remain with their child to engage in this supportive and joyful, no cost, program. | Open for families Sept. 17-Dec. 20. Reopens again on Jan. 7, 2025. Registration necessary. | To register: https://registration.sd41.bc.ca/Forms/strongstartregistration |
| Burnaby Public Library | https://burnabypubliclibrary.ca/events/ | Cantonese Storytime | Drop in with your little one for a Cantonese circle time to sing songs and participate in fun group activities. There will be time for parents and grandparents to socialize, while children explore library books, toys, and other community resources. Presented in partnership with Cantonese Parents in BC. | Tommy Douglas Branch 7311 Kingsway Avenue Fridays, Sept 13 Oct 4, 11, 18 Nov 8, 15, 29 Dec 6, 13, 20 10:30am-11:15am | Drop in. No registration required. |

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| Burnaby Public Library | https://burnaby.ca/early-childhood-development/ | Tigrinya Storytime | Hear stories, songs, and rhymes in Tigrinya. In partnership with Eritrean Community Association in Vancouver. | Tommy Douglas Branch 7311 Kingsway Avenue Saturdays, Oct 12, 26 Nov 9, 23 Dec 7 11:00am-1:00pm | Drop-in. No registration required. |
| Burnaby Public Library | https://burnaby.ca/early-childhood-development/ | Family Storytime | Join us for fun songs and stories! Meet other families and get to know the library. | Bob Prittie Metrotown Branch 6100 Willingdon Ave. Wednesdays, September 11 to October 23 10:30am - 11:00am Thursdays, October 31 to December 12 10:30am - 11:00am | Drop-in. No registration required. |

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| Burnaby Public Library | https://bp.l.bc.ca/events/ | Babytime | Meet other families and share songs, bounces and stories with your baby. | <p>Bob Prittie Metrotown Branch 6100 Willingdon Ave.</p> <p>Wednesdays, September 11 to October 23 11:30am - 12:00pm</p> <p>Thursdays, October 31 to December 12 11:30am - 12:00pm</p> | Drop-in. No registration required. |
| Burnaby Public Library | https://bp.l.bc.ca/events/ | Family Storytime | Join us for fun songs and stories! Meet other families and get to know the library. | <p>McGill Branch 4595 Albert St.</p> <p>Wednesdays, October 9 to December 11 10:30am - 11:00am</p> | Drop-in. No registration required. |
| Burnaby Public Library | https://bp.l.bc.ca/events/ | Babytime | Meet other families and share songs, bounces and stories with your baby. | <p>McGill Branch 4595 Albert St.</p> <p>Wednesdays, October 9 to December 11 1:30pm - 2:00pm</p> | Drop-in. No registration required. |

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| Burnaby Public Library | https://bp.l.bc.ca/events/ | Family Storytime | Join us for fun songs and stories! Meet other families and get to know the library. | <p>Tommy Douglas Branch 7311 Kingsway</p> <p>Thursdays, September 19 to October 24 11:30am - 12:00pm</p> <p>Saturdays, November 23 to December 21 11:30am - 12:00pm</p> | Drop-in. No registration required. |
| Burnaby Public Library | https://bp.l.bc.ca/events/ | Babytime | Meet other families and share songs, bounces and stories with your baby. | <p>Tommy Douglas Branch 7311 Kingsway</p> <p>Thursdays, September 19 to October 24 10:30am - 11:00am</p> <p>Saturdays, November 23 to December 21 10:30am - 11:00am</p> | Drop-in. No registration required. |

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| Burnaby Public Library | https://bp.l.bc.ca/events/ | Family Storytime | Join us for fun songs and stories! Meet other families and get to know the library. | <p>Temporary Cameron Branch 110-9855 Austin Ave.</p> <p>Tuesdays, September 17 to November 12 10:30am - 11:00am</p> <p>Saturdays, September 28, October 26, November 23 and December 21 11:00am - 11:30am</p> | Drop-in. No registration required. |
| Burnaby Public Library | https://bp.l.bc.ca/events/ | Babytime | Meet other families and share songs, bounces and stories with your baby. | <p>Temporary Cameron Branch 110-9855 Austin Ave.</p> <p>Tuesdays, September 17 to November 12 11:30am - 12:00pm</p> | Drop-in. No registration required. |
| Burnaby Public Library | https://bp.l.bc.ca/events/ | Baby Social | Play with your baby, make new friends and chat with other adults in a comfortable space. | <p>Temporary Cameron Branch 110-9855 Austin Ave.</p> <p>Tuesdays, November 19 to December 10 10:30am - 12:00pm</p> | Drop-in. No registration required. |

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| Burnaby Public Library | https://bp.l.bc.ca/events/ | Korean Storytime | Let's read and sing in Korean together! Practice Korean in a fun way while meeting other Korean speaking families! | <p>Bob Prittie Metrotown Branch 6100 Willingdon Ave. Friday, September 20 10:30am - 11:30am</p> <p>Temporary Cameron Branch 110-9855 Austin Ave. Friday, October 18 10:30am - 11:30am</p> | Drop-in. No registration required. |
| Burnaby Public Library | https://bp.l.bc.ca/events/ | Portuguese Storytime | Let's read and sing in Portuguese together! Practice Portuguese in a fun way while meeting other Portuguese-speaking families! | <p>Tommy Douglas Branch 7311 Kingsway Friday, October 25 10:30am - 11:30am</p> <p>Temporary Cameron Branch 110-9855 Austin Ave. Friday, November 8 10:30am - 11:30am</p> | Drop-in. No registration required. |

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| Burnaby Public Library | https://bp.l.bc.ca/events/ | Social Hour for Japanese-Speaking Families | Come and meet other Japanese-speaking families. There will be toys and books, and a librarian who knows some Japanese will lead a short storytime. | <p>McGill Branch 4595 Albert St. Friday, October 11 10:30am - 11:30am</p> <p>Tommy Douglas Branch 7311 Kingsway Friday, September 27 10:30am - 11:30am</p> | Drop-in. No registration required. |
| Burnaby Public Library | https://bp.l.bc.ca/events/ | Social Hour for Spanish-Speaking Families | Come and meet other Spanish-speaking families. There will be toys and books, and a librarian who knows some Spanish will lead a short Storytime. | <p>Bob Prittie Metrotown Branch 6100 Willingdon Ave. Friday, October 4 10:30am - 11:30am</p> <p>McGill Branch 4595 Albert St. Friday, November 1 10:30am - 11:30am</p> | Drop-in. No registration required. |

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| Burnaby Public Library | https://bp.l.bc.ca/events/ | Board Game Club for Kids | Have fun playing with our collection of board games. | <p>Bob Prittie Metrotown Branch 6100 Willingdon Ave.</p> <p>Friday, Oct 25 2:30pm - 4:30pm Friday, Nov 22 10:30am - 12:30pm and 2:30pm - 4:30pm</p> <p>McGill Branch 4595 Albert St.</p> <p>Mondays, Dec 16 to Jan 13 3:30pm - 5:30pm</p> <p>Tommy Douglas Branch 7311 Kingsway</p> <p>Fridays, Oct 25, Nov 22 3:00pm - 5:00pm</p> <p>Temporary Cameron Branch 110-9855 Austin Ave.</p> <p>Thursdays, Oct 3, Nov 7 and Dec 5 3:30pm - 5:00pm</p> | Drop-in. No registration required. |

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| Burnaby Public Library | https://bp.l.bc.ca/events/ | Welcome Wonderful Winter | Join us for a winter-themed storytime! We'll share songs, rhymes and stories. | Temporary Cameron Branch 110-9855 Austin Ave. Tuesday, December 17 10:30am - 11:15am | Drop-in. No registration required. |

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| Cameray Child & Family Services | https://www.cameray.ca/parent-support-program/ | <p>One-to-one counselling re: parenting support</p> <p>Interactive groups for young children (i.e. <i>Circle Time, Family Literacy Circle, Temas de Crianza de niños</i>, etc.)</p> <p>Parent education and support groups and workshops (<i>Circle of Security Parenting program, Nobody's Perfect, Sharing Circle - Seven Sacred Teachings, My Tween and Me</i>, etc.)</p> <p>Monthly Parent Education workshops</p> <p>Drop-in groups bi-monthly on Thursdays</p> | <p>For Burnaby and New Westminster families who are expectant parents or parents/guardians with one or more children under the age of 5 years (Early Years Parent Support Program)</p> <p>Additional individual and group parenting support for Burnaby and New Westminster families with one or more children aged 6 to 18 years (Parent Education Program)</p> <p>Online groups and activities for families, parent education, resources and support for parents, including one-one counselling</p> | <p>Ongoing: please visit the website to view the monthly calendars and corresponding flyers, with full program and group descriptions, including the time and location details</p> <p>Program activities Monday to Friday, mornings, afternoons and early evenings</p> | <p>Email: pspgroupsignup@cameray.ca</p> |

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| Family Service of Greater Vancouver | www.fsgv.ca/programs/early-childhood-community-consultant/ | Early Childhood Community Consultant | Ask questions and get support with free one-on-one consultations about your child's development, behavior, parenting tips, tricks and education, either virtually, a visit in the community or in the comfort of your own home. | Ongoing | For more information or to see availability contact Anita at: call/text: 604.723.9548 or email aolson@fsgv.ca |
| Information Children | www.informationchildren.com | Online and in-person Parent Workshops and Events including Circle of Security Parenting, Parenting Toddlers and Preschoolers, New Parents Groups, Online Storytime, and one-to-one parent-coaching. Parenting Helpline and E-support | Information, support and referrals to parents and caregivers with children 12 years and under. Upcoming workshops: <ul style="list-style-type: none"> - Parent Self-Care - New Parents Group - Tween Peer Pressure | Visit website for online calendar with details | Helpline: 778.782.3548 Email: info@informationchildren.com To book parent coaching: https://calendly.com/informationchildrenparentcoaching |

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| Metis Nation BC | https://www.mnbc.ca/work-programs/program-s-services/metis-family-connections-early-years-birth-8-years | Metis Family Connections Program | For Metis families with children birth to 8 years. Families build a network of support that provides children with opportunities for early learning and childhood development. Metis Family Connections Navigators assist families to access programs and services that are available in their region and connect them to community and culture. | Ongoing | Visit website for details: Métis Family Connections - Early Years (Birth to 8 Years) MNBC |
| Metis Nation BC | https://www.mnbc.ca/work-programs/program-s-services/miyoopimatishihk-wellbeing-program | Miyoopimatishihk (Wellbeing) Program | For families with Metis children birth to 8 years old. Metis families can apply for financial support to assist in the cost of a wide range of services, programs and products, including but not limited to: respite care, speech therapy, assessments, specialized equipments, mental health supports. | Ongoing | Visit website for details: Miyoopimatishihk (Wellbeing) Program MNBC |

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| Metis Nation BC | https://www.mnbc.ca/work-programs/program-s-services/imagination-library | Imagination Library | A literacy program for Metis children birth to 4 years. Metis children that are registered in the program received free, age appropriate books each month. | Ongoing | Visit website for details: Imagination Library MNBC |
| Metis Nation BC | https://www.mnbc.ca/work-programs/program-s-services/metis-child-care-benefit-program | Metis Child Care Benefit | A service offered by the Metis Child Care Navigation and Support Program, for families with Metis children birth to 12 years. Through this program, families can access additional funding, bridging the connection to the Affordable Child Care Benefit. | Ongoing | Visit website for details: Métis Child Care Benefit Program MNBC |

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| MOSAIC's Family Centre | www.mosaicbc.org/services/family-children-youth/family-centre/ | Newcomer's Group, Parent Participated Early Learning, Preschool Orientation, and One-on-One support | For Government Assisted Refugee families with young children aged 0-6, new to Canada, less than five years: information and programs on parenting, childhood development, as well as programs for families and outreach to help families navigate and locate other supports and resources. Online and in-person. | Ongoing | To register please email: family.centre.reception@mosaicbc.org or call 604. 636. 0120 |
| Pacific Immigrant Resources Society | https://pirs.bc.ca/our-programs/pathways-to-childcare-careers/ | Pathways to Childcare Careers | Free occupational English training with Responsible Adult, Foodsafe, and First Aid certificates plus 80-hour paid practicum for newcomer women interested in entering the early learning and childcare field. | Ongoing registration for 4 cohorts per year (Burnaby or Surrey) | See website for details; email childcare@pirs.bc.ca |
| The Purpose Society | www.facebook.com/purposesociety6thSt/ | Early Childhood Programs | Resources, news bulletins and more... | Ongoing | Visit FB page: www.facebook.com/purposesociety6thSt/ |

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| Spirit of the Children | www.sotcs.ca/children/ | Soaring Eagles Play Time, Hlúlú Drop-In's, Aboriginal Infant Development, Aboriginal Supported Development, Obin Ni'i (Gitxsan for "I am pregnant") Prenatal Program, Infant Massage, FASD Parenting Support Group, and Jordan's Principle Service Coordinator | Programs and supports (in person and online) for Indigenous parents, grandparents, and caregivers. | See website for details | To register please visit website |

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| STLEO Youth and Family Services Society | https://www.stleo.ca/our-services/young-parents/ | SMILE Young Parents Program Family Development | 26 and under programs for Burnaby and New West residents. Monthly Prenatal Workshop - online and in person Positive Discipline in Everyday Parenting 2 options offered Location is in Burnaby near the Gilmore Skytrain Station | Ongoing intakes and programming See us on Instagram smileypp5271 for calendar and programming opportunities Fridays - 10:30- 12:30 from October 4- November 29 2024 Tuesdays 6- 8 pm October 15- December 10 2024 | Please contact us at smile@stleo.ca or 604-298-6245 for more information. Located by the Gilmore Skytrain Station Ashley@stleo.ca or Laurel 604 404-9206 Khalid.Araghi@stleo.ca 236-994-3994 |
| East Burnaby Family Place Society | https://www.facebook.com/eastburnabyfamilyplace/ | Free Family Drop-In | For families with children birth to 5 years old, *Crafts/activities *Large/small motor toys *Outdoor play area *Circle time *Community visits *ECE teacher | Tuesdays and Fridays, 10:00am – 1:00pm year round | No registration required Drop in at 9887 Cameron Street, Burnaby. Programs are run out of St. Stephen's Church. No affiliation. |

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| Vancouver and Lower Mainland Multicultural Family Support Services Society | www.vlmfss.ca | Our Mother and Child Emotional Power Drop-in program | Community Room, Metrotown Library 6100 Willingdon Ave., Burnaby, BCM | Mondays, 10:30am-12:00pm September 9, 2024 - December 2, 2024 | Drop in |

KIDS IN BURNABY WEBSITE AND SOCIAL MEDIA

Visit www.kidsinburnaby.ca your 'one-stop shop hub' for early childhood (birth to 6 years old) development resources and information. Like us on Facebook: <https://www.facebook.com/BurnabyECDCommunityTable/> Follow us on Instagram: #littlethingsmatter

FREE BURNABY CHILD AND FAMILY RESOURCES AND INFORMATION SESSIONS

BC SUPPORTED CHILD DEVELOPMENT

The BC Centre for Ability is committed to inclusive childcare that supports families and enhances all children's experiences. If your child has extra support needs, or if you're wondering if they may need extra support visit www.bc-cfa.org/programs-services/supported-child-development/ where you can find more information and access the online referral.

FAMILY SERVICES OF GREATER VANCOUVER

The Early Childhood Community Consultant (ECCC) also offers:

- **Free one-on-one consultation** about your child's development, behavior, parenting tips, tricks, and education – to set up a phone or virtual appointment please email or call Anita at aolson@fsgv.ca 604-723-9548
- **ECCC Resource Newsletter** – to receive short daily newsletters with children's activities, self-care ideas, parenting information (and more), please email aolson@fsgv.ca with the heading "ADD ME TO NEWSLETTER"

* All programs are for children from birth to 6 years old, unless otherwise indicated.

For more information on activities, supports, and services for families with children 0 to 6 years old, go to "COVID 19 Resources & Supports" at www.kidsinburnaby.ca.



FREE BURNABY FALL PROGRAMS* 2024

YMCA CHILD CARE RESOURCE AND REFERRAL

For various types of information and support for families searching for childcare visit: <https://www.gv.ymca.ca/ccrr>.

- Early Learning Resource Library (parents in Burnaby/New Westminster/Tri-Cities borrow early learning resources free of charge). An online catalogue is at Early Years Resource Library Catalogue. To contact us please email ygv.ccr@bc.ymca.ca

BURNABY PUBLIC LIBRARY

Services for Children and Families

- Parents: children's librarians can help you find books and more for different ages and on different topics. We can also help you find resources for children and families in Burnaby.
- Group leaders: a children's librarian can coordinate visits for your class or group. We can provide resources, booklists, and make specific recommendations based on your classroom or group. We can talk about books, reading, and encourage literacy. We customize the visit to fit your needs.

Contact the library at eref@bpl.bc.ca or 604-436-5400 and ask to be directed to a Children's Librarian to discuss options.

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